

APPLE GALLOP
5K WALK/RUN IN THE COUNTRY
SUNDAY, SEPTEMBER 30, 2018 – 9:00 AM

LOCATED IN MONTI, IOWA, 2854 WASHINGTON AVE., COGGON, IA 52218
7 MILES SOUTH OF WINTHROP, IOWA

Apple Orchard walk/run to The Community Center in Monti, Iowa.

www.monticc.com

Contact Eldon Baragary – ebaragary@hotmail.com

Registration Form

Deadline for Advance Registration is Thursday, September 27, 2018

Register early to receive your requested T-Shirt size!!!

1st Place Medals Men and Women Overall

1st and 2nd Place Medals in all age Divisions

Registration begins at 8:00 AM. Event starts at 9:00 AM

One Entry per Form – Please Fill Out Completely. Made checks payable to Monti Community Center

Mail entry form to: Eldon Baragary, 3243 260th St., Winthrop, IA 50682

3.1 Mile (5K) Advance _____ \$20.00 Late _____ \$25.00

Adult T-Shirt Size (circle one) **S** **M** **L** **XL** _____ Runner _____ Walker

Youth T-Shirt Size (circle one) **S** **M** **L**

AGE on September 27, 2018 _____ **Sex** (circle one) Male Female

NAME _____ Please print clearly

Address _____ Please print clearly

City _____ **State** _____ **Zip** _____ **Phone** _____

By my signature, for myself, representative, I declare full responsibility of myself during my participation in the Apple Gallop Walk/Run in the Country. Furthermore, I waive and release any and all claims against the Monti Community Center, its members, and all sponsors or representatives for any injury I may sustain in connection with this event.

PARENT OR GUARDIAN MUST SIGN IF ENTRANT IS UNDER 18 YEARS OLD.

SIGNATURE _____